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PUTTING ON STERILE GLOVES

- Open the pack of gloves where indicated on the wrapping and always inside the sterile field, to preserve asepsis.
- If you are right-handed, the right glove will be put on first. To do so, lift the opening of the glove with your left hand. Your left-hand fingers should only touch the glove on the inner side of its invaginated area.
- Once you have put on the glove on your dominant hand, take the left glove by its crease and lift the entrance to enter your left hand.
- Finally, correct the adjustment of the gloves to your hands to feel comfortable and to perform tasks without any problems. The glove cuffs will be raised when both gloves are correctly put on, and taking into account that we can only touch the outer side of the gloves.

